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Registered number: 03688825  
Charity numbers: 1076478 and SC041055

**TAMBA, TWINS AND MULTIPLE BIRTHS ASSOCIATION**  
(A company limited by guarantee)

**TRUSTEES' REPORT AND FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 30 JUNE 2014**

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**TAMBA, TWINS AND MULTIPLE BIRTHS ASSOCIATION**  
**(A company limited by guarantee)**

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**REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS**  
**FOR THE YEAR ENDED 30 JUNE 2014**

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**Trustees**

Julia Davenport, Chair  
Nicki Hutchinson (resigned 21 September 2013)  
Gavin Adair  
Lucy Claridge  
Alexandra Smith  
Gavin Burgess, Secretary  
Jo O'Driscoll  
Caroline Dolan (resigned 16 December 2013)  
Owen Hamnett, Treasurer (resigned 12 July 2014)  
Anna Varela-Raynes  
Tim Dullely  
Rachel Barber (appointed 16 November 2013)  
Susan Sinclair (appointed 21 September 2013)  
Richard Nunn (appointed 3 May 2014)  
Krista Pound, Treasurer (appointed 12 July 2014)

**Company registered number**

03688825

**Charity registered numbers**

1076478 and SC041055

**Registered office**

Lower Ground Floor  
Hitherbury House  
97 Portsmouth Road  
Guildford  
Surrey  
GU2 4YF

**Company secretary**

Keith Reed

**Chief executive**

Keith Reed

**Independent auditors**

Wise & Co  
Chartered Accountants & Statutory Auditors  
Wey Court West  
Union Road  
Farnham  
Surrey  
GU9 7PT

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**REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS**  
**FOR THE YEAR ENDED 30 JUNE 2014**

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**Administrative details (continued)**

**Bankers**

National Westminster Bank PLC  
151 High Street  
Guildford  
GU1 3AH

HSBC Bank PLC  
6 Commercial Way  
Woking  
Surrey  
GU21 1EZ

The Co-operative Bank  
PO Box 250  
Skelmersdale  
WN8 6WT

CCLA Investment Management Ltd  
8c Cheapside  
London  
EC2V 6DZ

Scottish Widows Bank plc  
PO Box 12757  
67 Morrison Street  
Edinburgh  
EH3 8YJ

Virgin Money plc  
Jubilee House  
Gosforth  
Newcastle upon tyne  
NE3 4PL

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**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 30 JUNE 2014**

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The Trustees, who are also directors of the Charity for the purposes of the Companies Act, submit their annual report and the audited financial statements of TAMBA, Twins and Multiple Births Association (the Company) for the year ended 30 June 2014. The Trustees confirm that the annual report and financial statements of the Company comply with current statutory requirements, the requirements of the Company's governing document and the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**a. CONSTITUTION**

The Company is registered as a charitable company limited by guarantee (03688825) and was set up by a Memorandum of Association on 24 December 1998.

The Company is constituted under a Memorandum of Association and is a registered Charity in England and Wales (1076478) and in Scotland (SC041055).

The principal objects of the Company are to protect and promote the health and wellbeing of multiple birth families.

The Board completed the final year of its strategic plan which ran from 2011 until 2014.

**b. METHOD OF APPOINTMENT OR ELECTION OF TRUSTEES**

The management of the Company is the responsibility of the Trustees who are elected by secret ballot at the AGM or can be co-opted at any time by the Board of Trustees. No fewer than three and not more than seven persons can be elected by the members and not more than seven additional members can be co-opted at any time by the Board of Trustees. No member can serve on the board for a period of more than six consecutive years. Trustees are recruited to help fill particular skills requirements, which the Board has identified in a skills audit. This is to ensure a broad range of strengths and experiences and is reviewed regularly.

**c. POLICIES ADOPTED FOR THE INDUCTION AND TRAINING OF TRUSTEES**

Members of TAMBA are invited to seek nomination as Trustees via the members' quarterly magazine "Multiple Matters", email, social media and via the website. Most new Trustees are already familiar with the practical work of the Charity, having personally been members or used TAMBA's services. New Trustees are invited to observe a board meeting before seeking election or appointment. An induction pack is provided consisting of a Code of Conduct, role description, a copy of the Charity Commission publication 'The Essential Trustee: what you need to know', the strategic plan, latest financial information and a copy of the Memorandum and Articles of Association. Trustees are encouraged to visit the office and meet the staff team, meet other volunteers as well as undertake appropriate training.

**d. ORGANISATIONAL STRUCTURE AND DECISION MAKING**

The Board of Trustees administers the Charity and is responsible for the strategic direction and policy of the Charity. The Board meets up to five times a year and the officers hold interim telephone conferences for key decisions. Trustees have arranged themselves into subgroups to enable more detailed consideration of specific issues between meetings. A Chief Executive is appointed by the Trustees to manage the day-to-day operations of the Charity. To facilitate effective operations, the Chief Executive has delegated authority, within terms of delegation approved by the Trustees, for operational matters, including finance, employment and provision of services. The Chief Executive also acts as Company Secretary and attends board meetings.

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**TRUSTEES' REPORT (continued)**  
**FOR THE YEAR ENDED 30 JUNE 2014**

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**e. RELATED PARTY RELATIONSHIPS**

In so far as it is complementary to the Charity's objectives, the Charity is guided by both local and national policy. TAMBA has connections with a UK wide network of local clubs; these are not dependent branches but members of the Charity that are supported with appropriate information and guidance on the conduct of local community groups. The Charity also actively works in partnership with other organizations to fulfil its objectives.

**f. RISK MANAGEMENT**

The Trustees have a risk management strategy which includes a review of the top six risks the Charity may face at each Board meeting, in particular those related to the operations and finance of the Company, as well as a fuller annual review and are satisfied that systems and procedures are in place to mitigate the Charity's exposure to the major risks. Trustees are also recruited to the Board with a background in relevant areas of identified risk.

**OBJECTIVES AND ACTIVITIES**

**a. POLICIES AND OBJECTIVES**

TAMBA's strategic plan set out its priorities for 2011-2014, which included:

**VISION**

TAMBA wants all families with twins, triplets or more to be happy and healthy.

**MISSION**

TAMBA is the only UK-wide Charity representing thousands of families with twins, triplets and higher multiples. We campaign to improve their health and developmental outcomes by:

- Running the only free national helpline for parents of twins, triplets or more,
- Supporting parents with babies in intensive care and those who suffer from conditions such as Twin to Twin Transfusion Syndrome,
- Campaigning to improve the financial position and educational opportunities of our families,
- Helping our families to make their voices heard within government,
- Funding and partnering in research to better understand the unique challenges faced by families with twins, triplets or more,
- Fighting for better NHS services and developing educational materials for health professionals,
- Running antenatal and parenting classes on the unique challenges of caring for several children of the same age,
- Hosting online communities and a national network of clubs, which help families enjoy their unique opportunities and experiences.

**VALUES**

All involved with TAMBA commit to the following values: we seek to be mutually supportive to our families and colleagues, be trustworthy and transparent in our actions and decision making, celebrate individuality and diversity, commit to understanding the challenges we face through research and knowledge sharing, and be consistent and proactive in our work.

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**TRUSTEES' REPORT (continued)**  
**FOR THE YEAR ENDED 30 JUNE 2014**

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**b. STRATEGIES FOR ACHIEVING OUR MISSION**

We identified the following strategies to achieve our mission. These include:

- Increasing awareness of our activities among parents,
- Increasing awareness of our activities among professionals,
- Increasing awareness of our activities among opinion formers and funders,
- Increasing the number of families we support and improving the support they receive during pregnancy and the first few weeks,
- Increasing the number of families we support and improving the support they receive during the early months and years,
- Increasing the financial support our families receive.

**c. OUR PLANS**

In addition to delivering our existing core services, we focused on developing the following areas of our work:

- Increasing our media engagement to raise awareness of our work among expectant multiple birth parents.
- Increasing the number of courses we delivered to expectant parents of multiples and for families with children aged 1-5 years,
- Campaigning to ensure Governments improved health care services for our expectant and new families,
- Building new and better relationships with stakeholders who are able to improve health care services for our expectant and new families,
- Campaigning to improve educational services for our families,
- Campaigning to improve the financial support our families receive from the Government,
- Expanding our fundraising capacity to enable us to develop our support services and commission further social and medical research into the challenges our families face.

**ACHIEVEMENTS AND PERFORMANCE**

**a. REVIEW OF ACTIVITIES**

**TAMBA's YEAR IN NUMBERS**

- 1,575,000 page views on our website, and 361,000 individual visits to [www.tamba.org.uk](http://www.tamba.org.uk),
- 60,000 families received parenting information via our magazines, e-newsletters and publications,
- 20,000 free guides, handbooks, magazines and factsheets were sent out or downloaded,
- 13,875 families paid a subscription to be members of Tamba, which is an increase of over 1,600 on the previous year,
- 12,500 estimated multiple pregnancies in the UK,
- 3,684 participants received detailed support at a parenting class,
- 1,504 families received support via Twinline our freephone helpline, our support groups and consultants' service.

We have directly helped more people than ever before and all our services are available for free or at the lowest cost possible. We have continued to build better understanding of the needs of our families with further research and awareness raising campaigns.

**REVIEW OF ACTIVITIES 2011-14**

**i. SETTING POLICIES**

Over the past three years, we worked hard to see the following national policies introduced, which will benefit tens of thousands of families for many years to come.

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**TRUSTEES' REPORT (continued)**  
**FOR THE YEAR ENDED 30 JUNE 2014**

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**HEALTH**

- The National Institute for Health and Clinical Excellence (NICE) issued multiple pregnancy guidance for patients and clinical teams.
- NICE followed this up by setting multiple pregnancy quality standards for service commissioners.
- The NHS have issued contracts for fetal medicine and neonatal services, which include the provision of specialist services for multiple birth families.

**EDUCATION**

- School admissions codes in England and Wales have been updated to enable multiple birth children to attend the same school.
- Guidance on premature and summer-born children has been issued by the Department for Education enabling parents to delay or defer entry where they think it necessary.
- We have worked with a local twins club and local authority to provide best practice guidelines for teachers and parents on how to make classroom placement decisions in primary school.

**FINANCES**

- We successfully campaigned for the Surestart maternity grant to be restored for multiple birth families who have multiples as a result of a second or subsequent birth.
- We have seen all the main parties support measures for a greater proportion of our families' childcare costs to be met.
- The Government have confirmed that paternity leave for multiples will be reviewed.

**ii. RESEARCH**

- We have undertaken or commissioned research to improve our families' experience of maternity services, childcare and maternity/paternity leave. This research has been used to inform government policy.

**iii. EXPANDING OUR SUPPORT SERVICES**

We initiated new services and information resources, as well as expanding the services already offered to help even more people.

**INFORMATION AND SUPPORT**

- Our new website, which contains even more content and allows for better functionality has been used by over 750,000 visitors in the past three years.
- We created new guides and videos with over 60,000 families using these resources.
- We provided more varied services, with nearly 4,500 people accessing detailed help via; Twinline – our freephone helpline; our specialist consultant service and support groups; our breastfeeding peer supporters' service; and our bereavement befrienders.

**COURSES**

- There have been more courses, in more areas, attended by almost 9,300 people and our antenatal courses, as a proportion of expectant multiple birth parents who attended one of our sessions, achieved a similar reach to the NCT.
- New breastfeeding courses, twins clinics and parenting courses have been delivered with many taking place in children's centres or as webinars delivered via the internet.

**PROJECTS**

- We have spent more time engaging with maternity units across the UK to see them implement new guidance.
- Our new Helping Hands project provided over 1,600 hours of detailed practical help in the home in the past year to families in crisis.
- In partnership with the team at St George's Hospital, we commissioned the world's first twin pregnancy growth charts which should help to prevent premature deliveries and stillbirths.



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**TRUSTEES' REPORT (continued)**  
**FOR THE YEAR ENDED 30 JUNE 2014**

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**iv. BUILDING THE CHARITY'S CAPACITY**

**COMMUNICATIONS**

- We recruited a new team who are delivering a new strategy that has secured over one million pounds worth of coverage and attracted tens of thousands of new supporters and service users.

**FUNDRAISING AND FINANCES**

- We have a larger fundraising team also delivering a new strategy, which in turn is securing more money and delivering a better return on investment.
- As a consequence of these efforts our income increased by around 62% from £423,014 to £685,065.

**v. ACTIVITIES IN SCOTLAND**

We have concentrated on working in partnership with the largest hospitals in Scotland to deliver our Preparing for Parenthood courses. These are now embedded in eight hospitals and are complimented in some areas by being delivered in community settings. 252 Scottish parents attended one of these classes. We also ran four one day antenatal sessions, which attracted 74 attendees. These are delivered by a specialist multiple pregnancy midwife.

Over 8,500 families in Scotland accessed one of our information resources. We continue to support families of all ages via our Freephone helpline – Twinline, which is well used locally. We also ran a Parenting with Multiples in Mind session for families with children aged 0-5 years and 66 parents took part. A number of new facilitators have also been trained to deliver this workshop.

We provided support to new and existing local clubs throughout Scotland. Local clubs are a fantastic way of providing peer to peer support. There are currently 16 registered clubs in Scotland which supported around 680 children on a regular basis.

**vi. ACTIVITIES IN NORTHERN IRELAND**

Our Preparing for Parenthood classes were delivered directly to six maternity units at least four times last year. We have successfully trialed a new all-day antenatal session with 20 parents participating and providing positive feedback. When coupled with our 'Twins Clinics' delivered to expectant and new parents in Belfast, we reached around 300 parents during the course of the year. These Clinics included sessions on preparing for parenthood, sleep & routines, and play sessions specifically for multiple birth children. These involved experts from across the UK including Professor Pat Preedy, Professor Helen Ball and Claire Burgess.

We gave expert input into midwifery training programmes at Queens' University, Belfast, and were involved in the Southern Board Maternity Liaison Committee. We met regularly with maternity units and health visiting teams to ensure their services better met the needs of our families. We have been successful in establishing a TAMBA Health Visitor within the Southern Health Care Trust. This is a UK first.

Looking towards our antenatal care, we are heavily involved with the implementation of the NICE guidelines within Northern Ireland and we are working closely with the Public Health Agency to establish Twins Clinics in all the major hospitals within Northern Ireland.

2,400 families in Northern Ireland accessed at least one of our information resources. We also ran two Parenting with Multiples in Mind sessions for families with children aged 0-5 years, as part of our Twins Clinic programme, 24 parents took part. Many of the families had attended previous clinics and saw this course as a great reunion. swapping their stories over coffee and lunch. A number of new facilitators have been trained up to deliver this course and Preparing for Parenthood classes.

We provided support to 9 local clubs in Northern Ireland, which supported around 200 children on a regular basis. We ran 3 events for families in different counties during the year to allow them to come together to enjoy

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**TRUSTEES' REPORT (continued)**  
**FOR THE YEAR ENDED 30 JUNE 2014**

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being multiple birth families.

**b. FUTURE ACTIVITIES**

Trustees have spent considerable time in setting a new strategic plan for 2014-17. In response to our families' feedback, our Trustees have prioritized the following areas for the next three years. These aim:

- To improve the clinical outcomes for multiple pregnancies by implementing a clinical research strategy,
- To provide more 'wellbeing' support to all parents of multiples during pregnancy by providing more resources and services,
- To provide more support to all parents of multiples in the early days, weeks and months by creating new resources and services,
- To provide more support to all parents of multiples in the early years by updating our resources,
- To provide more support to parents in greatest need by providing greater support for families with complex pregnancies, those experiencing postnatal depression, those with children with special needs, those who are hard to reach or may not currently engage with the Charity or those experiencing a crisis situation.

**SUPPORT**

We received financial support from the following corporate and charitable organizations over the course of the year. Our thanks to: Abbvie, Morrck, Snoozeshade, Clarks, Mothercare, Northern Ireland Electricity, LloydsTSB Foundation Northern Ireland, Joseph Boaz Charitable Trust, Awards for All England and Wales, the Fitzmaurice Trust, the Sylvia and Colin Shepherd Charitable Trust, the Loseley & Guildway Charitable Trust, the Communities and Families Fund, the Shanly Foundation, the Bewley Charitable Trust, the Broyst Foundation, the Bartlett Taylor Charitable Trust, the Florence Turner Trust, the Fitton Trust, the Northwick Trust, the Grimmitt Trust, and the James Tudor Foundation. Statutory funding was also received from the Northern & Southern Health Boards (Northern Ireland), and the Department of Health, Social Services and Public Safety (Northern Ireland).

Our thanks go to Norland Nannies, whose nannies provided our families with free care which we estimate to be worth over £8,000, Capgemini who provided free consultancy support during the production of our new strategic plan estimated to be worth around £10,000, our landlords who have provided us with free offices for the year worth around £18,000 and our thanks to all our volunteers who contributed to our work. Our sincere thanks to all of these organisations and individuals for their support

Our members and supporters also proved incredibly generous by taking part in a number of sponsored activities, which in total raised £31,789. Total membership reached an all-time high of 13,875 which is an increase of over 1,600 members on the previous year.

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**TAMBA, TWINS AND MULTIPLE BIRTHS ASSOCIATION**  
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**TRUSTEES' REPORT (continued)**  
**FOR THE YEAR ENDED 30 JUNE 2014**

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**b. INVESTMENT POLICY AND PERFORMANCE**

The Trustees, having regard to the liquidity requirements of operating TAMBA's services and to the reserves policy, have operated a policy of keeping available funds in interest bearing deposit accounts. The funds held on deposit achieved an average interest rate of 1.01% over the year.

**FINANCIAL REVIEW**

**a. RESERVES POLICY**

In determining the reserves policy of the Charity, the Trustees have considered the level of operating expenses required. It is the Trustees intention to maintain reserves equivalent to approximately 4 months running expenses and it reviews this position at every meeting. At the year end the unrestricted reserves balances stood at £286,313. This equates to approximately 9 months running costs. The Trustees have a programme of investing these surplus reserves in key strategic projects over the course of the new strategic plan.

**b. PRINCIPAL FUNDING**

At present the Charity's principal funding comes from the increasing level of membership subscriptions, donations and associated gift aid. In addition TAMBA has been in receipt of a key grant over this period from the Department of Health, Social Services and Public Safety (Northern Ireland) of £14,000.

**FUNDS HELD AS CUSTODIAN**

TAMBA held funds as a custodian for the Cherry Rowland Memorial Trust Fund. Trustees decided to invest these monies in researching classroom placement decisions for multiples starting primary school. This is in accordance with the original founding purpose of the fund.

**TRUSTEES' LIABILITY**

All the Trustees are members of the Company. As the Company is limited by guarantee and has no share capital, the financial interest of each Trustee is limited to a £1 guarantee. This is the same guarantee given by each of the Company members, who are drawn from current members of the Charity and have chosen to take on this additional responsibility.

**SMALL COMPANY PROVISIONS**

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

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**TRUSTEES' REPORT (continued)**  
**FOR THE YEAR ENDED 30 JUNE 2014**

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**TRUSTEES' RESPONSIBILITIES STATEMENT**

The Trustees (who are also Directors of TAMBA, Twins and Multiple Births Association, for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charitable Company and of the incoming resources and application of resources, including the income and expenditure, of the Charitable Company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charitable Company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charitable Company's transactions and disclose with reasonable accuracy at any time the financial position of the Charitable Company and enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). They are also responsible for safeguarding the assets of the Charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the Charitable Company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

**PROVISION OF INFORMATION TO AUDITORS**

So far as each of the Trustees is aware at the time the report is approved:

- there is no relevant audit information of which the Company's auditors are unaware, and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

This report was approved by the Trustees on 4/10/14 and signed on their behalf by:



**Keith Reed, Secretary**

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**INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF TAMBA, TWINS AND MULTIPLE BIRTHS ASSOCIATION**

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We have audited the financial statements of TAMBA, Twins and Multiple Births Association for the year ended 30 June 2014 which comprise the Statement of financial activities, the Balance sheet and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the Charitable Company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 and to the charitable Company's Trustees, as a body, in accordance with section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and regulation 10 of the Charities Accounts (Scotland) Regulations 2006 (as amended). Our audit work has been undertaken so that we might state to the Charitable Company's members those matters we are required to state to them in an Auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charitable Company and its members, as a body, for our audit work, for this report, or for the opinion we have formed.

**RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND AUDITORS**

As explained more fully in the Trustees' responsibilities statement, the Trustees (who are also the directors of the Charitable Company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

We have been appointed auditors under the Companies Act 2006 and section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and report to you in accordance with those Acts.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's Ethical Standards for Auditors.

**SCOPE OF THE AUDIT OF THE FINANCIAL STATEMENTS**

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the Company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the Trustees; and the overall presentation of the financial statements. In addition, we read all the financial and non-financial information in the Trustees' report to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.