Registered number: 03688825 Charity numbers: 1076478 and SC041055

TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION

(A company limited by guarantee)

TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2017

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REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 30 JUNE 2017

Trustees

Julia Davenport (resigned 26 November 2016)
Jo O'Driscoll (resigned 10 June 2017)
Anna Varela-Raynes
Tim Dulley, Vice Chair
Rachel Barber
Susan Sinclair (resigned 26 November 2016)
Krista Pound, Chair
Nicola Jackson
Michelle Hulme (resigned 21 January 2017)
Gillian Jones (resigned 10 June 2017)
Heather Dembitz (appointed 21 January 2017)
Duncan Moffett, Treasurer (appointed 21 January 2017)
Oliver Gell (appointed 10 June 2017)

Company registered number

03688825

Charity registered numbers

1076478 and SC041055

Registered office

The Manor House Manor Park Church Hill Aldershot Hampshire GU12 4JU

Company secretary

Keith Reed

Chief executive

Keith Reed

Independent auditors

Wise & Co Chartered Accountants & Statutory Auditors Wey Court West Union Road Farnham Surrey GU9 7PT

REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 30 JUNE 2017

Advisers (continued)

Bankers

National Westminster Bank Plc 151 High Street Guildford GU1 3AH

HSBC Bank plc 6 Commercial Way Woking Surrey GU21 1EZ

The Co-operative Bank plc PO Box 250 Skelmersdale WN8 6WT

CCLA Investment Management Ltd Senator House 85 Queen Victoria Street London EC4V 4ET

Scottish Widows Bank plc PO Box 12757 67 Morrison Street Edinburgh EH3 8YJ

Virgin Money plc Jubilee House Gosforth Newcastle upon Tyne NE3 4PL

TRUSTEES' REPORT FOR THE YEAR ENDED 30 JUNE 2017

The Trustees, who are also directors of the Charity for the purposes of the Companies Act, submit their annual report and the audited financial statements of TAMBA, Twins and Multiple Births Association (the Company) for the year ended 30 June 2017. The Trustees confirm that the annual report and financial statements of the Company comply with current statutory requirements, the requirements of the Company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)).

This report is intended to reflect our values, which are set out below. We want it to be a clear and honest assessment of what we do, why we do it and how we are getting on. We want it to be easy to understand how we raise funds, how we spend them, what we have learned and what we plan to do in the future. Finally, we confirm that TAMBA is a going concern with clear plans of how best to undertake our future work.

Since the Company qualifies as small under section 383, the strategic report required of medium and large companies under The Companies Act 2006 (Strategic Report and Director's Report) Regulations 2013 is not required.

OBJECTIVES AND ACTIVITIES

This was the third and final year of TAMBA's strategic plan, which sets out our priorities for 2014/15-2016/17. The plan includes our:

VISION

TAMBA wants all families with twins, triplets or more to be happy and healthy.

MISSION

TAMBA is the only UK-wide charity working to improve the lives of twins, triplets or more, and their families. We do this through campaigning to improve health, wellbeing and developmental outcomes; funding clinical research to reduce the risks faced before, during and after birth; and by providing practical support and information for all families, including those in crisis.

OUR VALUES

All involved with TAMBA commit to the following values. We seek to be; mutually supportive to our families and colleagues, trustworthy and transparent in our actions and decision making, celebrate individuality and diversity, commit to understanding the challenges we face through research and knowledge sharing, and consistent and proactive in our work.

STRATEGIES FOR ACHIEVING OUR MISSION

During the strategic planning process we used a detailed needs assessment of our families, based on published research during the preceding five years. By using this evidence and gathering detailed supporter feedback, Trustees identified the following strategies to achieve our mission. These include:

- Improving the clinical outcomes for multiple pregnancies,
- Providing more support to all parents of multiples during pregnancy,
- Providing more support to all parents of multiples and to those who support them during the early days, weeks & months.
- · Providing more support to all parents of multiples in the early years,
- Provide more practical support to parents in the greatest need.

TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 30 JUNE 2017

ACHIEVEMENTS AND PERFORMANCE

Summary

The Trustees have regard to the Charity Commission's guidance on public benefit and this report will show that overall we supported more people during the past twelve months than in previous years. We produced new services and resources, continued with a major clinical research programme, continued implementing our unique project to drive up standards in maternity units, along with continuing to improve our existing services. We have also increased our supporter and financial base, and expanded our core staff team.

We are very grateful to everyone who has supported us financially, practically either by volunteering their time or services in kind, or by recommending our work to others who would benefit from our services.

Lessons learnt over the course of this three year plan

We have tried to balance our passion, enthusiasm and can do attitude with improved coordination of how we implement our plans. We have improved over the past three years but we have identified where further efficiencies can be achieved and will work to implement them in coming years.

We have made great strides in

- influencing policy makers.
- encouraging, supporting and embedding clinical research.
- embedding good clinical practice,
- improving existing services and resources and creating new ones,
- helping our families who are in greatest need,
- raising awareness of the needs of our families among a range of audiences.

We have also learnt that this requires consistent, ongoing, effort and sufficient staff are required to make all this happen.

We also continue to be successful in building our community of service users and supporters. We have built a bigger charity ready for the next phase of the charity's development.

TAMBA's 3 YEAR STRATEGIC PLAN IN NUMBERS

- OVER 300,000 guides and factsheets were distributed,
- 54,000 educational videos were played on our website,
- 13,000 parents benefited from one of our courses online or in person,
- 3.500 people were helped by TAMBA's Twinline team over the phone or by email,
- 1,000s of hours of personal support, in the home, were provided by our Helping Hands service to families
 in severe difficulty.
- 400 people were supported through an extremely sad and difficult time via our bereavement service.

TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 30 JUNE 2017

REVIEW OF ACTIVITIES 2017

The funds raised for and costs of providing these services and projects are outlined in note 18 on page 36 unless otherwise stated.

a. Existing Services

1. Parent Talks

i. Antenatal classes

We use midwives or antenatal teachers (in England) with an interest and specialist training in multiple pregnancies to deliver a full day antenatal class, for first time parents, which focuses on the journey from pregnancy to birth for multiple birth families. We also deliver a half day class for parents who already have one or more babies.

ii. Practical preparing for parenthood sessions

We have a team of multiple birth parents (England and Wales), who receive specialist training, to deliver a two hour talk on how to prepare for the practicalities of becoming a multiple birth parent. To enable more people to benefit from the class, we also deliver it in the form of a webinar via the internet (available UK wide). The charge for attending is kept deliberately low and exceptions are made for those who may not be able to afford it.

Reasoning behind the classes

Our UK wide research among maternity units found that less than a third provide multiple pregnancy related antenatal education. Independent research has found that our expectant and new parents experience higher levels of anxiety during pregnancy, birth and early days.

Outputs

756 parents attended an antenatal class (696 in 2015/16) and 2,094 participants attended a practical preparing for parenthood class (2,458 in 2015/16). This shows an overall decrease and is in part due to a drop off in facilitators during the course of the year and a marked increase in webinar views and online resources.

Outcomes

96% of participants rated the quality of the teaching and content of the antenatal class as Very Good or Excellent. 95% of practical preparing for parenthood attendees confirmed the sessions improved their knowledge of becoming a parent of multiples. 86% confirmed it reduced their stress and anxiety and 97% confirmed it boosted their confidence.

iii. Breastfeeding classes

We use trained breastfeeding counsellors and supporters to deliver breastfeeding more than one classes (in England) and webinars (UK).

Reasoning behind the classes

Research shows that fewer mums of twins are able to breastfeed and find it difficult to access the support they often need.

Outputs

542 participants took part in a class or a webinar (433 in 2015/16).

Outcomes

100% of attendees confirmed it reduced their stress and anxiety around breastfeeding. 100% confirmed it has improved their knowledge and 100% felt better prepared.

TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 30 JUNE 2017

iv. Parenting with Multiples in Mind Webinars

We developed a new webinar on the topic of sleep for multiples, and continued to make available webinars on starting school & school appeals, and parenting challenges like developing individuality among children and behavioural difficulties across a range of ages.

Reasoning behind the webinars

Around 20% of our families experience difficulties in finding schools that are entirely suitable to their children's needs. Our families are also more likely to encounter behavioural or developmental issues and difficulties with family relationships.

Outputs

There were 1,133 participants who accessed the webinars, including 148 who were given a free recording via AskTwinline (423 in 2015/16).

Outcomes

The content and quality of these new webinars has been really well received. They have also been shared with families for free who have contacted us with problems that can be addressed by the content. The qualitative feedback is they are a very useful tool for parents.

2. Support Services

i. Twinline & support groups

We have a trained team of volunteers who provide a freephone listening support service open 10am-1pm and 7pm-10pm every day of the year (UK). They are organised by a coordinator who also manages email and social media requests to the service. We also have a bereavement support coordinator to oversee the work of the Bereavement Support Group. This year we reviewed TAMBA's bereavement support booklet which is due to be ready in the autumn, and produced a new logo and business cards to further promote the service.

Reasoning behind the service

Research shows that many of our parents find it difficult to access multiple birth related support and advice from friends, family or professionals. They face a range of unique issues that are addressed by our one parent family, higher order multiples, special needs and bereavement support groups.

Outputs

1,082 calls, emails and social media questions were answered by Twinline (1,172 in 2015/16). The problems raised with us are becoming increasingly complex and the emotional needs of families seeking our help are greater. The number of minutes spent supporting families has reduced as families seek support from the AskTwinline email service and other TAMBA resources such as webinars, although Twinline continues to be a very valuable service for the families who use it. Our team are increasingly providing ongoing support and testing a coaching approach to helping families address their issues rather than providing one off temporary support. Our bereavement support team received 159 referrals for the year and 26 required one to one befriending support (125 and 26 respectively in 2015/16).

Outcomes

80% of Twinline users confirmed that it had helped to reduce their levels of stress and anxiety and improved their knowledge of how to address the issues they raised. 87% felt more confident in their parenting abilities having used the service.

ii. Honorary consultants & peer supporters

We have a panel of experienced professionals who provide telephone and email support on a range of topics. We also have a team of NCT trained and supported breastfeeding peer supporters (UK). These are available free of charge.

TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 30 JUNE 2017

Reasoning behind the services and groups

Our families face a range of unique issues and challenges that they find difficult to receive help and support with elsewhere.

Outputs

There were 134 referrals made during the course of the year (151 in 2015/16). This decrease is due to the signposting to webinars regarding school admissions and appeals, behaviour, and sleep, demonstrated in the increase in webinar views. There were 215 contacts with the peer supporters (196 in 2015/16).

Outcomes

The consultants' service helped to reduce stress and anxiety in a majority of their cases. Before using the service 68.5% of parents rated the negative impact on confidence as between 3 and 5 out of 5 (1 being "it is not having any impact on my confidence as a parent", and 5 being "it is impacting severely on my confidence as a parent"), but following the help they received this decreased to 34.9%. 98.2% of families supported by the consultants' service would use it again and recommend it to others. 100% of peer supporter users were pleased with the service and would recommend the service to others.

iii. Resources

We continue to provide a wide range of free publications to download and over 200 videos to watch on our website.

In 2016/17 we developed a range of factsheets and videos with parents to support parents & partners with perinatal mental health. Information about these have been disseminated to maternity units via our health professionals' newsletter and in free resources provided to maternity engagement units.

We also developed and ran the sleep webinar in partnership with The Children's Sleep Charity. 3 factsheets and videos with parents to support parents and health professionals with safer sleep for multiples, sleep expectations and sleep tips were also produced and disseminated.

The Breastfeeding Guide and Practical Preparing for Parenthood booklet were reviewed and updated in 2016/17.

The feeding pages on the website were reviewed and updated to make it easier to navigate the wealth of information we have on the website on feeding.

We reviewed and supported the translation of a booklet for parents of adolescent teen multiples produced by the Finnish multiple birth association. This has been uploaded and is available on the website.

Reasoning for these resources

These resources aim to be preventative by preparing families to avoid some of the challenges they may face but also to signpost to further help should they get into difficulty.

Outputs

There were over 22,000 videos played during the past twelve months – the decrease is due to us measuring impressions (the number of times they were advertised to a user) rather than plays last year (100,000 in 2015/16). There were over nearly 23,000 guides, factsheets and magazines downloaded (8,000 in 2015/16).

Outcomes

All of those who used the webinar felt that it improved their knowledge and confidence of becoming a parent. 80% of pregnancy countdown users felt that it helped them and over 70% felt more confident about the journey ahead. 90% of respondents rated the factsheets highly.

TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 30 JUNE 2017

3. Helping Hands Supporting Multiple Birth Families in Crisis

We have a team of volunteer Norland support practitioners (in England) and two paid, Norland-trained consultants who provide practical hands on help in the home for families in severe difficulty. The families have to meet a range of criteria to qualify for help. The process is overseen by a project coordinator. This year we reviewed and updated the service's application process to ensure we are working with the families in the most need, and changed from the term "nanny" to "support practitioner" to better reflect the work of Helping Hands. We also introduced a new feedback form at six months after successful application to evaluate the longer-term impact on families, and use of the HADS (Hospital Anxiety and Depression Scale) to show the impact on parental wellbeing.

Reasoning behind the service

Many of our families experience severe difficulty, which requires short term help to avoid becoming a crisis. We were approached by families and professionals alike who had sought all other forms of voluntary and state support without success.

Outputs

55 families were supported by the service (61 in 2015/16) during the year, receiving over 1,470 hours of support in the home (1,968 in 2015/16). The nature of the case mix in 2015/16 meant that several families required a higher number of repeat visits than families in 2016/17, resulting in more hours of support by both paid practitioners and volunteers.

Outcomes

Most commonly families asked for help with addressing problems with their children's behaviour, feeding or weaning issues, establishing routines, getting out and about, sleep patterns and general parental stress. To be eligible, families have to be in crisis and this was often caused by either mental or physical illness in one or more family members. In the hardest cases, this could be a parent suffering from a long term degenerative or terminal illness, or severe mental illness, or bereavement of a loved one. Families reported a drop of 40% in their stress levels on average. 70% of families rated Helping Hands 10/10, saying that it significantly helped their family. On average, parents tell us that their stress and anxiety was reduced significantly, they have lots or a significant amount of coping methods now thanks to Helping Hands, and they feel significantly more confident. In the majority of cases, support could be withdrawn either because families had become more able to manage by themselves, or the problems were resolved, or by exception external support was found.

4. Activities in Scotland

We have continued on working in partnership with the largest hospitals in Scotland to deliver our Preparing for Parenthood courses in Glasgow Royal Infirmary, Edinburgh Royal Infirmary, Forth Valley Royal infirmary, Aberdeen Robert Gordons University, Kirkcaldy and Wishaw General. These are now embedded in 6 hospitals. 230 Scottish parents attended one of these classes (372 in 2015/16). The fall was as a result of our successful awards for all funding which enabled us to run 14 one day antenatal sessions in Glasgow Queen Elizabeth University Hospital, Edinburgh Royal Infirmary, Forth Valley Royal Infirmary and Aberdeen Maternity hospital which attracted 350 parents and were hugely well received. We are currently applying for further funding from Awards for All Scotland to continue these sought after sessions.

TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 30 JUNE 2017

We undertook a lengthy media and public affairs campaign before the Scottish maternity and neonatal review launched. This resulted in the needs of our families being highlighted by the Scottish Government online and included in the review itself which was published in February 2017 with multiple birth families getting explicit mention in two sections. We followed this up with a highly successful media campaign which featured in many of the Scottish national papers and Scottish broadsheets, highlighting the successful outcomes when clinical pathways are followed. Since the launch of the review we have been working with the Scottish Government and other organisations to try to ensure that as the restructure of maternity and neonatal services takes place over the coming months/years our families are properly supported and taken into consideration and clinical pathways put in place that consider the sickest babies, rural location, financial challenges and transport. This work is ongoing.

Impact

The impact of our classes is very similar to those held in England and Wales. The campaigning we undertook pre Maternity and Neonatal review was successful and multiple birth pregnancies were given explicit mention in the review.

5. Activities in Northern Ireland

We continued to contribute to each maternity unit Multiples Information evening – reaching approximately 350 expectant multiple parents. Our own TAMBA all day antenatal sessions (funded by Halifax Foundation NI) were run 4 times during the year. On average 20 parents attended these and feedback is very positive.

Our Southern HSC Trust Health Visitor service has continued to grow. Shona O'Hanlon receives around 5 referrals per month and is meeting mums at the antenatal multiples information evenings run by the 2 maternity units in Southern Trust. A new proactive approach has been adopted, where all expectant multiple mums are contacted by the TAMBA Health Visitor for an introduction to the service. Triplet mums will also receive a home visit.

We provided a lecture to 2nd year midwifery students and continue to develop this relationship with Queens University Belfast. We also represent TAMBA at Southern HSCT, Belfast HSCT and Northern HSCT maternity services liaison committee meetings.

Looking towards our antenatal care, we are heavily involved with the maternity units within Northern Ireland and we are working closely with the Public Health Agency to ensure that all multiple families have access to accurate information which we supply via maternity units.

impact

The response to our classes is similar to those held elsewhere. The feedback for the Health Visitor service shows that the service is well received among parents and health professionals alike.

6. Communications (This work is paid for from our unrestricted general fund, Note 10 to the Financial Statements).

With the recruitment of a Digital Officer this year, our significantly updated website continues to drive some excellent results both in terms of the audience we reach and the amount of resources and services our families are using. We attracted nearly 250,000 new users to our website over the year (191,000 new users in 2016/17). We also developed a new social media strategy which has more than doubled the engagement rate on Facebook. We also recruited a PR and Media Officer this year so we now have a dedicated media engagement resource. With a dedicated resource we have been able to increase our media engagement exponentially resulting in greater awareness of the charity and an increase in fundraisers. The estimated advertising cost of the coverage this year, should we have had to pay for it ourselves, was £890,593. Our Communications Assistant has really focused on improving the look of all TAMBA emails and the impact of this is beginning to show. Each month we have consistently more than 6,000 visitors to the Multiple Savings (members' discount) website.

TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 30 JUNE 2017

7. Fundraising & membership (This work is predominantly paid for from our unrestricted general fund, with the exception of £2,275 of restricted fundraising costs (See note 10 to the Financial Statements for details).

This year we were in receipt of a substantial sum from the Department of Health to fund our Maternity Engagement Programme – the result of a large bid from a previous year.

Phase 2 of the Big Research Appeal was completed to fund more of our clinical research programme.

Income from our Annual Raffle was double its target amount and our strategy to encourage more individual fundraisers paid off, with the funds raised via our members and supporters taking part in sponsored events exceeding expectations.

A big lottery bid was also submitted to fund Helping Hands but unfortunately was not successful. However, we will re-evaluate and submit another bid next year. It has been a tough year but the fundraising team has risen to the challenge and shown a great deal of resilience. A huge thank you to all of our supporters!

Over the past year the membership team have welcomed a new manager into the team. They have documented all the membership processes, and improved them by updating the BACS run to ensure less chance for error and run more quickly, introducing a second BACS run per month, and introducing new member engagement touchpoints throughout the membership journey. They have also started running exit surveys to understand why our members leave, improved the output of the communications that we send to our members, adjusted the timings of renewal notifications to improve renewal numbers, and reviewed and improved the Gift Aid collection process.

It should be noted that we do not buy or sell supporter lists for our fundraising or membership activities. We only occasionally use a telephone marketing company to contact lapsed members and we closely monitor the quality of their work.

8. Setting up a Twin to Twin Transfusion Syndrome Registry

We partnered with a number of fetal medicine units and experts from across the UK to create a registry to record cases and treatments for Twin to Twin Transfusion Syndrome (TTTS).

Reasoning for this project

Twin to Twin Transfusion Syndrome (TTTS) is a rare but life-threatening condition that affects 10 to 15 percent of identical twins that share a placenta (monochorionic twins). TTTS can also occur in triplet or higher order pregnancies with monochorionic twins. If untreated, 90 percent of babies are likely to die. Even with treatment, 50 percent of surviving babies are likely to be disabled or have a long term condition.

Currently there is too little research conducted looking at the most effective treatments for TTTS in the short or longer term. There is no comprehensive outcome data collected and published in the UK, so doctors cannot compare what is working best and why. There are also no longer term follow ups to understand the longer term consequences of individual treatments. That is why we have partnered with St George's hospital and other fetal medicine centres throughout the UK to set up a UK-wide registry of all TTTS pregnancies, their treatments and outcomes.

Outcomes

The UK's first TTTS registry is now in place and has been launched. Records of some of the highest risk pregnancies are now being collected centrally. The steering group has successfully bid for and received funding to study the long term outcomes for these high risk groups.

TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 30 JUNE 2017

9. Implementing a Clinical Research Programme

We are collaborating with researchers on a range of externally funded clinical research projects. This was the second year of our agreement with the British Maternal Fetal Medicine Society (BMFMS) to co-sponsor a clinical research programme aimed at completing the research priorities identified by an expert panel during the production of the NICE multiple pregnancy guidance in 2011. Due to the success of our fundraising efforts we were able to commit £20,000 towards the joint costs of £40,000 for sponsoring two pieces of research (see note 17). These were studies into 'Emergency Cerclage in Twin pregnancies at Imminent Risk of Preterm Birth,' and 'Examining the myometrial transcriptome in twin pregnancy,' with a view to seeing if this can be used as a predictor of premature delivery.

Reasoning for this project

Multiple pregnancies account for only 3% of all births in the UK but make up 7% of still births and 14% of neonatal deaths. When a list of priority research projects was identified by the RCOG in early 2000 many were never undertaken. The objective of this research is to promote interest among professionals and to fill in the clinical knowledge gaps.

Outcomes

Apart from commissioning two excellent pieces of research, we also noted an increase in BMFMS members submitting multiple pregnancy related articles for their annual conference. It increased from nine last year to over twenty one this year. All were published in the BJOG periodical.

10. Maternity Unit Quality Improvement Programme – part of the Department of Health's Innovation, Excellence and Strategic Development (IESD) scheme

The project team was recruited in July/August 2016. A comprehensive audit tool was developed in conjunction with NICE, and the Case Control Methodology agreed, Ethical Protocols developed and implemented, and the improvement packages and menu of multiple specific resources created. Targeted units were given access to the CPD area.

Reasoning for the project

Only between 10-18% of units currently comply with the NICE multiple pregnancy guidance. Research has been published that shows if followed, it should reduce stillbirths, neonatal deaths and reduce term neonatal admissions and caesarean sections. Furthermore, parental experiences of care should also greatly improve. Our independent data analysis also confirms that this improvement in outcomes should be notable. This is the first national quality improvement programme focused on embedding good clinical care by targeting teams most in need of support. If successful, it can be applied across a range of clinical settings.

Outputs

At this stage of the project there have been 14 Video updates, 9 NICE meetings/conference calls, 4 steering committee meetings, 16 partnerships developed and maintained, 16 audits completed, and 10 action plans delivered.

The findings so far indicate that not all units record chronicity within the recommended timescale, and some not at all, with a majority (62%) labelling twins incorrectly, and 81% of units lacking a multiple-specific midwife.

The project team has overcome challenges with recruitment, access and more to get the project running, as well as providing study days and online CPD resources for professionals to complement the recommendations from the audits.

TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 30 JUNE 2017

b. Plans for future periods

Over the course of the year, Trustees, staff, volunteers and supporters have engaged in producing a new five year strategic plan. The plan has now been launched and our work going forward can be viewed on our website at www.tamba.org.uk/strategic-plan.

STRUCTURE, GOVERNANCE AND MANAGEMENT

a. Constitution

The Company is registered as a charitable company limited by guarantee (03688825) and was set up by a Memorandum of Association on 24 December 1998.

The Company is constituted under a Memorandum of Association and is a registered Charity in England and Wales (1076478) and in Scotland (SC041055). These Articles and Memorandum of Association were updated and passed at our AGM in November 2014.

The principal objects of the Company are still to protect and promote the health and wellbeing of multiple birth families.

b. Method of appointment or election of Trustees

The management of the Company is the responsibility of the Trustees who can be co-opted at any time by the Board of Trustees. There can be a maximum of fourteen and a minimum of six Trustees at any one time. No member can serve on the board for a period of more than six consecutive years without seeking the approval of fellow Trustees. Trustees are recruited to help fill particular skills requirements, which the Board has identified in a skills audit. This is to ensure a broad range of strengths and experiences and is reviewed regularly.

c. Policies adopted for the induction and training of Trustees

Members of TAMBA are invited to seek nomination as Trustees via the members' quarterly magazine "Multiple Matters", email, social media and via the website. Most new Trustees are already familiar with the practical work of the Charity, having personally been members or used TAMBA's services. New Trustees are invited to observe a board meeting before seeking election or appointment. An induction pack is provided consisting of a Code of Conduct, role description, a copy of the Charity Commission publication 'The Essential Trustee: what you need to know', the strategic plan, latest financial information and a copy of the Memorandum and Articles of Association. Trustees are encouraged to visit the office and meet the staff team, meet other volunteers as well as undertake appropriate training.

d. Organisational structure and decision making

The Board of Trustees administers the Charity and is responsible for the strategic direction and policy of the Charity. The Board meets up to five times a year and the officers hold interim telephone conferences for key decisions. Trustees have arranged themselves into subgroups to enable more detailed consideration of specific issues between meetings. A Chief Executive is appointed by the Trustees to manage the day-to-day operations of the Charity. To facilitate effective operations, the Chief Executive has delegated authority, within terms of delegation approved by the Trustees, for operational matters, including finance, employment and provision of services. The Chief Executive also acts as Company Secretary and attends board meetings.

TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 30 JUNE 2017

e. Related party relationships

In so far as it is complementary to the Charity's objectives, the Charity is guided by both local and national policy. TAMBA has connections with a UK wide network of local clubs; these are not dependent branches but members of the Charity that are supported with appropriate information and guidance on the conduct of local community groups. The Charity also actively works in partnership with other organizations to fulfil its objectives.

f. Risk management

The Trustees have a risk management strategy which includes a review of the top risks the Charity may face at each Board meeting and these include safeguarding, IT security, budgetary controls and reporting, dependency on income sources and loss of revenue. This is in addition to a much fuller annual review. As part of the ongoing review process, Trustees are satisfied that systems and procedures are in place to mitigate the Charity's exposure to the major risks. This includes steps to strengthen and protect the future financial performance of the charity. Trustees are also recruited to the Board with a background in relevant areas of identified risk.

FINANCIAL REVIEW

The charity made a small surplus of £15,637 by the end of the financial year. This was higher than anticipated. It was due to generating higher income than originally budgeted for, delayed spending on some of our projects and by making savings in a number of areas.

a. Investment policy and performance

The Trustees, having regard to the liquidity requirements of operating TAMBA's services and to the reserves policy, have operated a policy of keeping available funds in interest bearing deposit accounts. The funds held on deposit achieved an average interest rate of 0.4% over the year.

b. Reserves policy

In determining the reserves policy of the Charity, the Trustees have considered the level of operating expenses required. It is the Trustees intention to maintain unrestricted and undesignated reserves equivalent to approximately 4 months running expenses and it reviews this position at every meeting. At the year end the unrestricted and undesignated reserves balances stood at £237,406. This equates to approximately 4 months running costs. At the year end the designated reserves balance stood at £14,839 and restricted reserves balance at £71,068.

The Trustees decided to continue to invest the additional reserves in the Helping Hands project outlined above. This is in accordance with our strategic plans. To aid financial planning and ensure the clarity of this report, these have been set aside in a designated fund (Note 18 to the Financial Statements).

c. Principal funding

At present the Charity's principal funding comes from the increasing level of membership subscriptions, donations and associated gift aid. In addition TAMBA has been in receipt of a key grant over this period from the Department of Health, Social Services and Public Safety (Northern Ireland) of £10,500.

d. Staff salaries

TAMBA uses the NJC salary scales to benchmark against job descriptions. All staff, including the Chief Executive, are subject to a formal appraisal process.

TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 30 JUNE 2017

Trustees use a mixture of performance, industry and third sector pay settlement indicators and the overall financial health of the Charity to determine if an annual cost of living rise is appropriate. A 2% rise was agreed this year. As shown in Note 12 to the Financial Statements, the Chief Executive was the only member of staff paid £60,000 or more. The senior management team comprising of five departmental managers and the Chief Executive were paid a cumulative total of £180,969 over the course of the year (£163,925 in 2015/16). We had 16.5 full time equivalent members of staff over the course of the year (12.8 in 2015/16).

COMMITMENTS

We have a long term lease at our current address The Manor House, Manor Park, Church Hill, Aldershot GU12 4JU.

TRUSTEES' LIABILITY

All the Trustees are members of the Company. As the Company is limited by guarantee and has no share capital, the financial interest of each Trustee is limited to a £1 guarantee.

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

SUPPORT

We received financial support from the following corporate and charitable organizations over the course of the year. Our thanks to:

Abbvie, Awards for All England, Bartlett Taylor Charitable Trust, Bewley Charitable Trust, C A Redfern Charitable Foundation, Cinven Foundation, Department of Health Innovation Excellence and Strategic Development Fund, E M Wethered Trust, Fitton Trust, Florence Turner Trust, Garfield Weston Foundation, Halifax Foundation Northern Ireland, James Beattie Charitable Trust, Langtree Trust, Loseley & Guildway Charitable Trust, Morrck, Norman Family Charitable Trust, Northern and Southern Health and Social Care Trusts (Northern Ireland), Paul Bassham Charitable Trust, Pink Ribbon Foundation, Reuben Foundation, Staples Trust.

Statutory funding was also received from the Department of Health (Northern Ireland).

This year we were in receipt of a substantial sum from the Department of Health to fund our Maternity Engagement Programme of £141,100.

Our thanks to all our amazing Twinline, Parenting Class, Peer Support, Befriending and Consultant volunteers who gave an estimated 825 hours of support to families in need. Our thanks also go to Norland College, whose nannies provided our families with free care (374 hours), which we estimate to be worth around £7,500. Our sincere thanks to all of these organizations and individuals for their support.

Our members and supporters also proved incredibly generous by taking part in a number of sponsored activities, which in total raised £61,072. Total membership reached an all-time high of 18,859 which is an increase of over 1,691 members on the previous year.

A particular thank you to those fundraisers who helped us raise thousands of pounds for our Big Research Appeal and our work in the area of Twin to Twin Transfusion Syndrome: Duncan Moffett, Lucy Neville-Davies, Steven Hughes, Alistair McIntosh, John Jousiffe, Craig and Melanie Fyfe, Lucy Patch, Simon Bradley, and Emma Dutton and her husband.

TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 30 JUNE 2017

TRUSTEES' RESPONSIBILITIES STATEMENT

The Trustees (who are also Directors of TAMBA, Twins and Multiple Births Association, for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charitable Company and of the incoming resources and application of resources, including the income and expenditure, of the Charitable Company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charitable Company will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charitable Company's transactions and disclose with reasonable accuracy at any time the financial position of the Charitable Company and enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). They are also responsible for safeguarding the assets of the Charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the Charitable Company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

PROVISION OF INFORMATION TO AUDITORS

So far as each of the Trustees is aware at the time the report is approved:

- there is no relevant audit information of which the Company's auditors are unaware, and
- the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

This report was approved by the Trustees, on $u \setminus u \setminus \gamma$ and signed on their behalf by:

Keith Reed, Secretary

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION

OPINION

We have audited the financial statements of TAMBA, Twins & Multiple Births Association for the year ended 30 June 2017 which comprise the Statement of financial activities incorporating income and expenditure account, the Balance sheet, the Statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the Charitable Company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the Charitable Company's members those matters we are required to state to them in an Auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charitable Company and its members, as a body, for our audit work, for this report, or for the opinions we have formed.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 30 June 2017 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended).

BASIS OF OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the United Kingdom, including the Financial Reporting Council's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

CONCLUSIONS RELATING TO GOING CONCERN

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the Trustees have not disclosed in the financial statements any identified material uncertainties that
 may cast significant doubt about the charitable company's ability to continue to adopt the going concern
 basis of accounting for a period of at least twelve months from the date when the financial statements
 are authorised for issue.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION

OTHER INFORMATION

The Trustees are responsible for the other information. The other information comprises the information included in the Annual report, other than the financial statements and our Auditor's report thereon. Our opinion on the financial statements does not cover the information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

OPINION ON OTHER MATTERS PRESCRIBED BY THE COMPANIES ACT 2006

In our opinion, based on the work undertaken in the course of the audit, the information given in the Trustees' report for which the financial statements are prepared is consistent with the financial statements.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

In the light of our knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' report.

We have nothing to report in respect of the following matters in relation to which Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remunerations specified by law not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' report.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS OF TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION

RESPONSIBILITIES OF TRUSTEES

As explained more fully in the Trustees' responsibilities statement, the Trustees (who are also the directors of the Charitable Company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view. and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company's or to cease operations, or have no realistic alternative but to do so.

AUDITOR'S RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an Auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. The description forms part of our Auditor's report.

Turner

Treena Turner FCA (Senior statutory auditor) for and on behalf of Wise & Co
Chartered Accountants & Statutory Auditors
Wey Court West
Union Road
Farnham
Surrey
GU9 7PT

Date: 16 November 2017

Wise & Co are eligible to act as auditors in terms of section 1212 of the Companies Act 2006.

STATEMENT OF FINANCIAL ACTIVITIES INCORPORATING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 30 JUNE 2017

	Note	Restricted funds 2017	Unrestricted funds 2017 £	Total funds 2017 £	Total funds 2016 £
INCOME FROM:					
Donations and legacies Charitable activities Other trading activities Investments	2 5 3 4	47,938 192,051 46,447 -	118,212 535,243 71,090 918	166,150 727,294 117,537 918	202,160 537,127 97,552 1,483
TOTAL INCOME		286,436	725,463	1,011,899	838,322
EXPENDITURE ON:					
Raising funds Charitable activities	6 7,8,9	2,275 352,309	8,257 633,421	10,532 985,730	6,784 839,971
TOTAL EXPENDITURE	10	354,584	641,678	996,262	846,755
NET INCOME / (EXPENDITURE) BEFORE TRANSFERS Transfers between Funds	18	(68,148) 80,957	83,785 (80,957)	15,637	(8,433)
NET INCOME / (EXPENDITURE) BEFORE OTHER RECOGNISED GAINS AND LOSSES		12,809	2,828	15,637	(8,433)
NET MOVEMENT IN FUNDS		12,809	2,828	15,637	(8,433)
RECONCILIATION OF FUNDS:					
Total funds brought forward		58,259	249,417	307,676	316,109
TOTAL FUNDS CARRIED FORWARD		71,068	252,245	323,313	307,676

The notes on pages 22 to 41 form part of these financial statements.

TAMBA, TWINS & MULTIPLE BIRTHS ASSOCIATION

(A company limited by guarantee) REGISTERED NUMBER: 03688825

BALANCE SHEET AS AT 30 JUNE 2017

			2017		2016
	Note	£	£	£	£
FIXED ASSETS					
Tangible assets	13		4,435		5,380
CURRENT ASSETS					
Debtors	14	70,555		64,874	
Cash at bank and in hand	22	444,226		426,008	
		514,781		490,882	
CREDITORS: amounts falling due within one year	15	(195,903)		(148,709)	
NET CURRENT ASSETS		_	318,878	_	342,173
TOTAL ASSETS LESS CURRENT LIABIL	ITIES	-	323,313	-	347,553
CREDITORS: amounts falling due after more than one year	17		-		(39,877)
NET ASSETS		_	323,313	- -	307,676
CHARITY FUNDS		_			
Restricted funds	18		71,068		58,259
Unrestricted funds	18	_	252,245	_	249,417
TOTAL FUNDS		-	323,313	•	307,676

The Company's financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on $\frac{11}{11}$ and signed on their behalf, by:

Krista Pound, Chair

Duncan Moffett Treasurer

The notes on pages 22 to 41 form part of these financial statements.

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 30 JUNE 2017

	Note	2017 £	2016 £
Cash flows from operating activities			~
Net cash provided by operating activities	21	21,927	116,693
Cash flows from investing activities:			
Purchase of tangible fixed assets		(3,709)	(1,864)
Net cash used in investing activities		(3,709)	(1,864)
Change in cash and cash equivalents in the year		18,218	114,829
Cash and cash equivalents brought forward		426,008	311,179
Cash and cash equivalents carried forward	22	444,226	426,008

The notes on pages 22 to 41 form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

1. ACCOUNTING POLICIES

1.1 BASIS OF PREPARATION OF FINANCIAL STATEMENTS

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following the Charities SORP (FRS 102) published on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

TAMBA, Twins & Multiple Births Association meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

1.2 TANGIBLE FIXED ASSETS AND DEPRECIATION

Assets costing more than £1,000 are capitalised. Some computer equipment costing less than £1,000 is capitalised.

Tangible fixed assets are carried at cost, net of depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Computer equipment

3 years straight line basis

1.3 COMPANY STATUS

The Company is a company limited by guarantee. In the event of the Company being wound up, the liability in respect of the guarantee is limited to £1 per member of the Company.

1.4 FUND ACCOUNTING

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

1. ACCOUNTING POLICIES (continued)

1.5 INCOME

All income is recognised once the Company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Donated services or facilities are recognised when the Company has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use of the Company of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time of supporters is not recognised. Refer to the Trustees' report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the Company which is the amount the Company would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Membership subscription income is recognised upon receipt.

1.6 EXPENDITURE

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent per activity

1.7 GOING CONCERN

The Trustees consider that there are no material uncertainties about the Company's ability to continue as a going concern.

1.8 INTEREST RECEIVABLE

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Company; this is normally upon notification of the interest paid or payable by the Bank.

1.9 GOVERNMENT GRANTS

Government grants relating to tangible fixed assets are treated as deferred income and released to the Statement of financial activities incorporating income and expenditure account over the expected useful lives of the assets concerned. Other grants are credited to the Statement of financial activities incorporating income and expenditure account as the related expenditure is incurred.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

1. ACCOUNTING POLICIES (continued)

1.10 DEBTORS

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.11 CASH AT BANK AND IN HAND

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.12 PENSIONS

The Company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Company to the fund in respect of the year.

1.13 LIABILITIES AND PROVISIONS

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the Company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation.

1.14 DEFERRED INCOME

Deferred income represents amounts received relating to future periods and is released to incoming resources in the period to which it relates.

1.15 FINANCIAL INSTRUMENTS

The Company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2. INCOME FROM DONATIONS AND LEGACIES

	Restricted funds 2017 £	Unrestricted funds 2017 £	Total funds 2017 £	Total funds 2016 £
Donations	47,938 	118,212	166,150	202,160
Total 2016	86,140	116,020	202,160	

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

	OTHER TRADING ACTIVITIES			_	
		Restricted funds	Unrestricted funds	Total	Total
		2017	2017	funds 2017	funds 2016
		£	£	£	2010 £
	Fundraising, publicity and sales	46,447	56,875	103,322	81,132
	Magazine	-	14,215	14,215	16,420
		46,447	71,090	117,537	97,552
	Total 2016	34,112	63,440	97,552	
4.	INVESTMENT INCOME				
		Restricted	Unrestricted	Total	Total
		funds	funds	funds	funds
		2017	2017	2017	2016
		£	£	£	£
	Investment income	-	918	918	1,483
	Total 2016	89	1,394	1,483	
5.	INCOME FROM CHARITABLE ACTIVITIES	6			
		Restricted	Unrestricted	Total	Total
		funds	funds	funds	funds
		2017	2017	2017	2016
		£	£	£	£
	Courses and study days	934	79,896	80,830	69,683
	Information to parents and professionals	-	1,931	1,931	2,536
	Membership subscriptions	- 191,117	453,416	453,416 191,117	414,330
	Grants	191,117	<u>-</u>	191,117	50,578
		192,051	535,243 ————	727,294 	537,127

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

GOVERNMENT GRANTS

	2017 £	2016 £
Department of Health (IESD) Department of Health (TTTS) Department of Health, Social Services and Public Safety Northern Health and Social Care Trust Southern Health and Social Care Trust	147,744 6,500 10,500 3,648 3,308	27,144 - 13,125 4,558 3,308
Total	171,700	48,135

Department of Health (IESD) – the grant is to deliver a three year quality improvement programme aimed at improving care in multiple pregnancies at a range of target units.

Department of Health (TTTS) - the grant is to allow for the expansion of the TTTS registry to enable the collection of data on the use of Emergency Cerclage in Twin pregnancies at Imminent risk of Preterm Birth.

Department of Health, Social Services and Public Safety (Northern Ireland) – the grant part funds the costs of our regional coordinator who liaises with, supports, and advises health professionals and organisations throughout the region in their delivery of care to multiple birth families.

Northern Health and Social Care Trust (Northern Ireland) – the grant contributes towards the costs of providing support and services to multiple birth families within the trust area.

Southern Health and Social Care Trust (Northern Ireland) – the grant contributes towards the costs of providing support and services to multiple birth families within the trust area.

6. FUNDRAISING COSTS

	Restricted funds 2017 £	Unrestricted funds 2017 £	Total funds 2017 £	Total funds 2016 £
Fundraising, publicity and events	2,275 ———	8,257	10,532	6,784
Total 2016	2,284	4,500	6,784	

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

7. DIRECT COSTS

	General Funds £	Scotland	Northern Ireland £	Awards for All England and Wales £	Helping Hands Project £	Bereavem't Support Group
Service delivery administration		-	~	L	L	£
costs Magazine	56,368 43,906	3,241	2,195	2,055	1,503	487
Staff costs and	·	-	-	-	-	-
other expenses Courses and	33,947	23,168	26,127	1,078	49,946	16,488
study days Consultancy	1,054	5,884	4,847	70	20	496
costs IT costs	3,456 19,397	-	-	4,400	36,897	245
Grants payable	-	-	-	-	-	- -
	158,128	32,293	33,169	7,603	88,366	17,716
Total 2016	151,774	26,899	33,168	14,470	91,966	16,972
	Clinical Research	Twin to Twin Transfusion Syndrome	Parent Talks	Department of Health IESD	Total 2017	Total
	£	£	£	£	2017 £	2016 £
Service delivery administration						
costs Magazine	642	-	235	3,106	69,832	71,098
Staff costs and	-	-	•	-	43,906	39,972
other expenses Courses and	7,951	515	40,421	106,155	305,796	232,829
study days Consultancy	119	94	51,461	5,106	69,151	57,874
costs	82	19,081	-	32,087	96,248	85,841
IT costs Grants payable	•	13,831 20,000	-	1,290	34,518 20,000	8,831 39,877
, .,						39,011
	8,794	53,521 ====================================	92,117	147,744 	639,451	536,322
Total 2016	48,128	22,084	84,807	27,144	517,412	

£287,142 of the total direct costs was to unrestricted funds (£284,845 in 2016), and £352,309 was to restricted funds (£251,477 in 2016) - see note 10.

Greenwich& Lewisham had costs in 2016 of £1,215 and £nil this year. Maternity Unit Engagement had costs in 2016 of £17,695 and £nil this year.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

Further breakdown of General Funds				
	Support Services £	Other General £	2017 £	2016 £
Service delivery administration costs Magazine Staff costs and other expenses Courses and study days Consultancy costs IT costs	4,817 - 33,947 292 2,857 -	51,551 43,906 - 762 599 19,397	56,368 43,906 33,947 1,054 3,456 19,397	55,072 39,972 34,747 1,094 12,096 8,793
Total	41,913	116,215	158,128	151,774

8. SUPPORT COSTS

	General and Total 2017 £	Total 2016 £
Staff costs	267,098	232,435
Office costs	38,289	34,719
Conferences and exhibitions	3,788	1,771
Professional fees	6,325	1,714
Finance costs	6,354	<i>5,657</i>
Insurance	2,608	2,366
Other costs	6,738	10,757
Depreciation	4,654	8,161
	335,854	297,580
Total 2016	297,580	

All of the support costs in 2017 (and 2016) were from unrestricted funds.

An element of support costs have already been allocated within direct costs to funds to represent staff and other costs. The remaining costs are all believed to be attributable to the general fund.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

9. GOVERNANCE COSTS

	Restricted funds 2017 £	Unrestricted funds 2017	Total funds 2017 £	Total funds 2016 £
Auditors' remuneration	-	5,540	5,540	5,225
Other governance costs	-	3,931	3,931	-
Trustee expenses	-	954	954	844
	-	10,425	10,425	6,069

In 2016, of the total governance costs, £6,069 was to unrestricted funds and £nil was to restricted funds.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

10. ANALYSIS OF RESOURCES EXPENDED BY ACTIVITIES

Unrestricted	Fundraising Costs 2017 (Note 6) £	Direct Costs 2017 (Note 7) £	Support Costs 2017 (Note 8) £	Governance Costs 2017 (Note 9) £	2017 £	2010 1
Funds						
Support Services Helping Hands	-	41,913	-	•	41,913	46,960
Project Maternity Unit	-	36,897	-	-	36,897	30,569
Engagement Parent Talks Other activities including	-	92,117	•	-	92,117	17,695 84,807
membership services	8,257	116,215	335,854	10,425	470,751	412,963
	8,257	287,142	335,854	10,425	641,678	592,994
Restricted funds					-	
Scotland Northern Ireland Awards for All	- -	32,293 33,169	<u>-</u>	:	32,293 33,169	26,899 33,168
England and Wales Helping Hands	-	7,603	-	-	7,603	14,470
Project Bereavement	8	51,469	-	-	51,477	61,397
Support Group Clinical	106	17,716	-	-	17,822	17,179
Research Greenwich &	838	8,794	-	-	9,632	48,794
Lewisham Twin to Twin	-	-	-	-	-	1,215
Transfusion Syndrome	1,323	53,521	-	-	54,844	23,495
Department of Health IESD	-	147,744	-	-	147,744	27,144
	2,275	352,309	-	-	354,584	253,761
Fotol	10,532	639,451	225.054			
Total	10,332	039,451	335,854	10,425	996,262	846,755

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

11. NET INCOME/(EXPENDITURE)

This is stated after charging:

	2017 £	2016 £
Depreciation of tangible fixed assets: - owned by the charity Auditors' remuneration - audit	4,654 5,540	8,161 5,225

During the year, no Trustees received any remuneration (2016 - £NIL). During the year, no Trustees received any benefits in kind (2016 - £NIL).

During the year 4 Trustees received reimbursement of expenses amounting to £954 (2016 - 5 Trustees £844).

During the year insurance costs were paid of £2,608 (2016 - £2,366). An element of this cost relates to Trustee indemnity insurance.

12. STAFF COSTS

	2017 £	2016 £
Salaries and wages Social security costs Employer pension	462,179 36,828 1,142	358,311 27,379 -
Total	500,149	385,690

One employee received remuneration of £60,000 or greater (2016 - one employee).

The average monthly number of employees during the year was 24.6 (2016 - 20.2).

The average monthly number of full-time equivalent employees during the year was 16.5 (2016 - 12.8).

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

13.	TANGIBLE FIXED ASSETS		
			Computer Equipment £
	COST		~
	At 1 July 2016 Additions		47,001 3,709
	At 30 June 2017		50,710
	DEPRECIATION		· · · · · · · · · · · · · · · · · · ·
	At 1 July 2016 Charge for the year		41,621 4,654
	At 30 June 2017		46,275
	NET BOOK VALUE		
	At 30 June 2017		4,435
	At 30 June 2016		5,380
14.	DEBTORS		
		2017	2016
	Trada dabtara	£	£
	Trade debtors Other debtors	9,723 35,522	7,476 34,118
	Prepayments and accrued income	25,310	23,280
		70,555	64,874
15.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
		2017	2016
		£	£
	Trade creditors	50,609	<i>57,503</i>
	Other taxation and social security	10,746	6,850
	Accruals and deferred income	134,548	84,356
		195,903	148,709

Deferred income comprises advertising income received in advance of publication, course fees received in advance and donations received in advance of the specified purposes they are to provide. An analysis of the movement on deferred income is shown below.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

DEFERRED I	NCOME					
	Website and Booklet Advertising Income £	Course Fees £	Awards for All £	Department of Health IESD Fund £	NI Grants £	Total £
Deferred income at 1 July 2016	2,470	8,056	16,357	50,516		77 200
Income received during the	2,470	0,000	10,001	30,310	•	77,399
year Amounts released during the	6,150	80,775	19,900	141,100	20,812	268,737
year	(8,163)	(80,830)	(19,417)	(147,744)	(17,456)	(273,610)
Deferred income at 30 June 2017	457	8,001	16,840	43,872	3,356	72,526

16. RELATED PARTY TRANSACTIONS

Key management personnel were considered to be various senior staff and their remuneration for the year was £180,969 (2016 - £163,925).

There have been no related party transactions in the current or prior year requiring disclosure other than the Trustees' expenses reimbursed disclosed in note 11.

2047

2046

17. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2017 £	2016 £
Grants committed	-	39,877
The movement in grants committed during the year is as follows:		
		£
Grants committed at the beginning of the year		39,877
Additions		20,000
Amounts claimed		(27,047)
Amounts reversed		-
Transferred to payable within one year		(32,830)
Grants committed at the end of the year		32,830

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

TAMBA has committed to make research grants to the following individuals:

Dr Katie Morris Senior Lecturer Maternal Fetal Medicine & Professor Mark Kilby, Professor of Fetal Medicine, both from the Centre for Women's and Newborn's Health, Institute of Metabolism and Systems Research, University of Birmingham & Professor Marian Knight, NIHR Professor of Maternal and Child Population Health, NPEU, University of Oxford.

£20,000 (split 50:50 TAMBA:BMFMS) - £5,850 of this grant remains to be paid and is due within one year when the research is complete.

A prospective observational study using UKOSS of cases of single twin demise (SIUFD) (>14 weeks) in MC twin pregnancies in the UK, including adverse maternal, fetal and perinatal consequences and prognostic factors.

Dr Asma Khalil, Consultant in Fetal Medicine and Obstetrics, Fetal Medicine Unit, St George's University, London.

£19,809 (split 50:50 TAMBA:BMFMS)

A case-control study of neurodevelopmental outcome in twin pregnancies with complications, including twin-to-twin transfusion syndrome, single intrauterine death, selective intrauterine growth restriction, twin reversed arterial perfusion sequence and twin anaemia polycythemia sequence.

This recipient has one more year to complete the research and the grant is payable when the research is complete.

Dr Asma Khalil, Consultant in Fetal Medicine and Obstetrics, Fetal Medicine Unit, St. George's University, London.

£19,809 (split 50:50 TAMBA:BMFMS)

Emergency Cerclage in Twin pregnancies at Imminent Risk of Preterm Birth: an Open-Label Randomised Controlled Trial (including in cases of TTTS)

Dr Andrew Sharp, Consultant in Fetal Medicine, Department of Women's and Children's Health, Liverpool Women's Hospital.

£19,880 (split 50:50 TAMBA:BMFMS)

Examining the myometrial transcriptome in twin pregnancy

The grant recipients have 2 years to complete the research and the grant is payable when the research is complete.

TAMBA has considered the effect of discounting the grants committed and determined that the effect is not material.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

18. STATEMENT OF FUNDS

STATEMENT OF FUNDS - CURRENT YEAR

	Balance at 1 July 2016 £	Income £	Expenditure £	Transfers in/out £	Balance at 30 June 2017 £
DESIGNATED FUNDS					
Helping Hands Project Parent Talks	51,736 -	- 80,409	(36,897) (92,117)	- 11,708	14,839 -
	51,736	80,409	(129,014)	11,708	14,839
GENERAL FUNDS					
Support Services Other General Funds	- 197,681	- 645,054	(41,913) (470,751)	41,913 (134,578)	- 237,406
	197,681	645,054	(512,664)	(92,665)	237,406
Total Unrestricted funds	249,417	725,463	(641,678)	(80,957)	252,245
RESTRICTED FUNDS					
Scotland Northern Ireland Awards for All England and Wales Helping Hands Project Bereavement Support Group Clinical Research Twin to Twin Transfusion Syndrome Department of Health IESD: Embedding best practice in maternity care for multiple pregnancies	5,246 53,013	9,734 22,470 7,603 15,900 5,700 30,571 46,714 147,744 	(32,293) (33,169) (7,603) (51,477) (17,822) (9,632) (54,844) (147,744)	22,559 10,699 - 35,577 12,122 - - - - 80,957	26,185 44,883 - 71,068
Total of funds	307,676	1,011,899	(996,262)	-	323,313

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

18. STATEMENT OF FUNDS (continued)

STATEMENT OF FUNDS - PRIOR YEAR

	Balance at 1 July 2015 £	Income £	Expenditure £	Transfers in/out £	Balance at 30 June 2016 £
DESIGNATED FUNDS					
Helping Hands Project Maternity Unit Engagement Parent Talks	60,000 40,000 -	- - 70,059	(30,569) (17,695) (84,807)	22,305 (22,305) 14,748	51,736 - -
	100,000	70,059	(133,071)	14,748	51,736
GENERAL FUNDS	···				
Support Services Other General Funds	- 156,294	2,073 594,791	(46,960) (412,963)	44,887 (140,441)	- 197,681
	156,294	596,864	(459,923)	(95,554)	197,681
Total Unrestricted funds	256,294	666,923	(592,994)	(80,806)	249,417
RESTRICTED FUNDS					
Scotland Northern Ireland Awards for All England and Wales Helping Hands Project Bereavement Support Group	7,469 - 12,027 - -	510 21,035 2,443 23,095 5,728	(26,899) (33,168) (14,470) (61,397) (17,179)	18,920 12,133 - 38,302 11,451	- - - -
Clinical Research Greenwich & Lewisham Twin to Twin Transfusion Syndrome Department of Health IESD: Embedding	24,001 - 16,318	30,039 1,215 60,190	(48,794) (1,215) (23,495)	- -	5,246 - 53,013
best practice in maternity care for multiple pregnancies		27,144	(27, 144)		-
	59,815	171,399	(253, 761)	80,806	58,259
Total of funds	316,109	838,322	(846,755)	-	307,676

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

18. STATEMENT OF FUNDS (continued)

Unrestricted (includes designated funds)

Support Services

To provide services to multiple birth families to help them meet the challenges they may face.

Maternity Unit Engagement

To run a mailing list and provide updates to maternity units across England to encourage them to adopt good clinical practices.

Helping Hands Project

To provide practical help in the home or equipment to families in dire need.

Parent Talks

To provide classes, talks and seminars to help and support families to meet the unique challenges of raising multiple birth children.

Restricted

Scotland

To work individually and with other agencies to identify the needs of families in Scotland and to help them by providing support, services and advice.

Northern Ireland

To work individually and with other agencies to identify the needs of families in Northern Ireland and to help them by providing support, services and advice.

Awards for All England and Wales

To provide new resources to families and professionals in these two countries to help them meet the challenges they may face.

Helping Hands Project

To provide practical help in the home or equipment to families in dire need.

Bereavement Support Group (BSG)

To provide support to families who have lost one or more babies as a result of a multiple pregnancy.

Clinical Research

To undertake medical research to reduce the number of still births and premature births as a result of a multiple pregnancy.

Greenwich & Lewisham

To provide support to the local Greenwich and Lewisham group which runs a network of meetings and events for multiple birth families in and around the club immediate area.

Twin to Twin Transfusion Transfusion Syndrome (TTTS) Fund

To enable the delivery of work that raises awareness of TTTS and provides additional support to these expectant parents and researches how to reduce the risks they experience in pregnancy.

Department of Health IESD Fund: Embedding best practice in maternity care for multiple pregnancies

This is a three year quality improvement programme aimed at improving care in multiple pregnancies at 37 target maternity units.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

18. STATEMENT OF FUNDS (continued)

Trustees regularly review the financial position of our regional funds and have over successive years agreed to meet any shortfall from unrestricted funds. This is reflected in the transfers between funds noted in these accounts.

During the year the Trustees have designated funds to assist in specific projects and these have been transferred from general funds.

SUMMARY OF FUNDS - CURRENT YEAR

	Balance at 1 July 2016 £	Income £	Expenditure £	Transfers in/out £	Balance at 30 June 2017 £
Designated funds General funds	51,736 197,681	80,409 645,054	(129,014) (512,664)	11,708 (92,665)	14,839 237,406
Restricted funds	249,417 58,259	725,463 286,436	(641,678) (354,584)	(80,957) 80,957	252,245 71,068
	307,676	1,011,899	(996,262)	•	323,313
SUMMARY OF FUNDS - PRIOR YEAR					
	Balance at 1 July 2015 £	Income £	Expenditure £	Transfers in/out £	Balance at 30 June 2016 £
Designated funds General funds	100,000 156,294	70,059 596,864	(133,071) (459,923)	14,748 (95,554)	51,736 197,681
	256,294	666,923	(592,994)	(80,806)	249,417
Restricted funds	59,815	171,399	(253,761)	80,806	58, 259
	316,109	838,322	(846, 755)	-	307,676

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

19. ANALYSIS OF NET ASSETS BETWEEN FUNDS

ANALYSIS OF NET ASSETS BETWEEN FUNDS - CURRENT YEAR

	Restricted funds 2017	Unrestricted funds 2017	Total funds 2017 £
Tangible fixed assets Current assets Creditors due within one year	- 197,736 (126,668)	4,435 317,045 (69,235)	4,435 514,781 (195,903)
	71,068	252,245	323,313
ANALYSIS OF NET ASSETS BETWEEN FUNDS - PRIOR YEAR			
	Restricted funds 2016 £	Unrestricted funds 2016 £	Total funds 2016 £
Tangible fixed assets Current assets Creditors due within one year Creditors due in more than one year	173,639 (75,503) (39,877)	5,380 317,243 (73,206) -	5,380 490,882 (148,709) (39,877)
	58,259	249,417	307,676

20. CAPITAL COMMITMENTS

At 30 June 2017 the Company had no capital commitments (2016 - £nil).

21. RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2017 £	2016 £
Net income/(expenditure) for the year (as per Statement of Financial Activities)	15,637	(8,433)
Adjustment for:		
Depreciation charges	4,654	8, 161
(Increase)/decrease in debtors	(5,681)	11,046
Increase in creditors	14,364	66,042
Increase/(decrease) in grants committed	(7,047)	39,877
Net cash provided by operating activities	21,927	116,693

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

22. ANALYSIS OF CASH AND CASH EQUIVALENTS

	2017 £	2016 £
Cash in hand	444,226	426,008
Total	444,226	426,008

23. PENSION COMMITMENTS

The Company operates a defined contributions pension scheme. The assets of the scheme are held separately from those of the Company in an independently administered fund. The pension cost charge represents contributions payable by the Company to the fund and amounted to £1,142 (2016 - £nil). Contributions totalling £1,127 (2016 - £nil) were payable to the fund at the balance sheet date and are included in creditors.

24. OPERATING LEASE COMMITMENTS

At 30 June 2017 the total of the Charity's future minimum lease payments under non-cancellable operating leases was:

	2017	2016
AMOUNTS PAYABLE ON OTHER OPERATING LEASES:	£	£
Within 1 year Between 1 and 5 years	2,860 3,575	2,860 3,575
Total	6,435	6,435
AMOUNTS PAYABLE ON LAND AND BUILDINGS:		
Within 1 year Between 1 and 5 years	17,300 37,350	17,300 4,150
Total	54,650	21,450

25. TAXATION

The Charitable Company is exempt from corporation tax on its charitable activities.

26. GIFTS IN KIND

During the year the Charity received donations in kind of £7,500 (2016 - £20,620) in respect of Nannies costs from Norland Nannies, £nil (2016 - £1,000) in respect of office space provided by Jersey Finance Limited and £nil (2016 - £400) in respect of legal advice provided by Boyes Turner.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2017

27. LEGAL STATUS

The Company is a charitable company, incorporated in England, Wales and Scotland.

Its registered office is The Manor House, Manor Park, Church Hill, Aldershot, Hampshire, GU12 4JU.