Support for bereaved families

We support families and carers of twins, triplets and more who have experienced loss during pregnancy, at birth or any time after.
We’re here for bereaved families

Bereavement booklet
Written together with bereaved families, our booklet includes information on the unique loss of one or more multiples, subsequent pregnancies and how to remember babies who have been lost.

Online support group
A special place where families are supported by others who understand the unique grief and challenges of losing one or more of their babies.

Befriending service
Peer-to-peer support from parents and grandparents who have lost babies or children who are twins, triplets or higher multiples.

Newsletter
Families can sign up to the Bereavement Support Group newsletter, sent by email four times a year. These feature personal stories, details of our memorial meet-ups and fundraising news.

For health professionals
For healthcare news and information about twins, triplets and more please register at twinstrust.org/health-professionals.

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